

Joining a Granny Group Liberated Me

I am Muganza Faridah living in Buwagi village, Budondo Sub County, Jinja district. I am a single mother of five children, 2 boys and 3 girls. I am also an active member of Tusobola elderly group which I joined in 2009. Before joining this group, life was really hard for me and my family, I had no one to share with my problems. I was always lonely and depressed. One day I wanted to kill myself but I had a second thought especially for my children. We never had food at all times, we always slept hungry which was worse to my children. We had a little piece of land which couldn't feed the whole family and also have surplus for sale. 2009 was a turning point for my life when a friend introduced me to Tusobola group

Since joining the group, I have gained strength through counseling and guidance from the group members. Members in the group are now part of my family since they have continued supporting me till today.



With the group, I have received various training from PEFO. I have acquired skills and knowledge especially on farming systems. I can now ably grow crops on a small piece of land and yield highly for sale and home consumption using the knowledge I acquired. Today my family is no longer food insecure because we always have plenty of food. At least my children can have

three meals a day and even take food to school.

During group meetings we interact and discuss on ways we can solve our family issues especially concerning income, food security and health. Sharing my problems with group members has helped me find lasting solutions. At the end, my burdens are no more. Through Tusobola group I have been motivated by members to start saving for the future of my children and myself. This is through the Village Savings and Credits where we save money weekly whenever we sit. Before I had no idea and the importance of saving because I was hopeless and had given up. I am now a new person living a hopeful and happy life with my family, just because I joined Tusobola group. Just like the name of the group "Tusobola" meaning "We Can", I believe I can reach greater heights with my family. Big thanks goes to PEFO and group members for their support through the trial moment, they offered love, care and support since 2009. I rose from the dead.

